

OCTOBER

2018



I'm
**DOCTOR
BROCK**

M **T** **W** **TH** **F**

1 Breakfast Pizza><
Applesauce
Milk

2 Banana French
Toast Bake ><
Grapefruit
Milk

3 Turkey Sausages
Biscuits>
Apple
Dried Fruit Mix
Milk

4 Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

5 No School ☺

**NATIONAL
SCHOOL
LUNCH WEEK
OCTOBER 8-12**
SquareMeals.org/nslw

8 No School ☺

9 Peaches and Cream
Oatmeal>
Applesauce
Milk

10 Chicken Patty
Biscuits>
Apple
Dried Fruit Mix
Milk

11 Apple Pie Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

12 Egg Scramble<
Pita Pocket
Assorted Fruits
Milk



15 Breakfast Pizza><
Applesauce
Milk

16 Baked Apple
Crisp><
Grapefruit
Milk

17 Biscuit>
Scrambled Eggs
Apple
Dried Fruit Mix
Milk

18 Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

19 Egg Scramble<
Pita Pocket
Assorted Fruits
Milk

22 Breakfast Pizza><
Applesauce
Milk

23 Fruit and Yogurt
Parfait>
Pear
Milk

24 Turkey Sausages
Biscuits>
Apple
Dried Fruit Mix
Milk

25 Pumpkin Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

26 Egg Scramble<
Pita Pocket
Assorted Fruits
Milk

29 Breakfast Pizza><
Applesauce
Milk

30 Cinnamon Apple
Bread <>
Sunshine Fruit Mix
Milk

31 Chicken Patty
Biscuits>
Apple
Dried Fruit Mix
Milk

**GOOD
EATS AT**

Breakfast

**SPECIAL
ANNOUNCEMENTS**

*Gluten Free
>Dairy
<Egg
~Fish

Menu Items are subject to
change based on costs and
availability
Questions? Contact
Kimberlywilson
@austin.utexas.edu

**NATIONAL
FARM TO SCHOOL
MONTH**


TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
   
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**GOOD
EATS AT**

Lunch

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LUNCH WEEK
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MONTH**


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M	T	W	TH	F
Fish Sticks Capri Mix Veggies Pear Milk 1	Chicken Fajita Taco Peppers and Onions Fiesta Beans Apple Milk 2	BBQ Chicken Legs Wheat Roll Broccoli and Carrot Orange Milk 3	Hawaiian Fried Rice Corn and Carrots Grapes Milk 4	No School ☺ 5
No School ☺ 8	Korean Beef Taco Asian Salad Black Bean JaBan Apple Milk 9	Cajun Chicken Seasoned Rice Baked Potato Orange Milk 10	Pasta with Meaty Marinara Sauce Green Beans Grapefruit Milk 11	Mexican Pizza>< Caesar Salad~ Applesauce Milk 12
Fiesta Taco Rice* Chili Lime Cucumber Orange Milk 15	Pulled Pork Taco Classic Coleslaw BBQ Baked Beans Pear Milk 16	Lemon Pepper Chicken breasts Wheat Roll Broccoli Florets Apple Milk 17	Philly Cheese Mac Corn with Peas Grapes Milk 18	Cheese Pizza>< Carrot Pineapple Raisin Salad> Applesauce Milk 19
Tomato Basil Soup Grilled Cheese > Cauliflower Pear Milk 22	Beef Fajita Taco Roasted Street Corn Apple Milk 23	Greek Chicken in Seasoned Rice NEW Greek Salad Mediterranean Beans Grapefruit Milk 24	Chicken Parm Over Pasta with marinara Crinkle Carrots Pear Milk 25	BBQ Pizza>< Caesar Salad~ Applesauce Milk 26
Beef Lasagna Bake> Broccoli Florets Apple Milk 29	Catfish Taco~ Cilantro Lime Slaw Fiesta beans Grapefruit Milk 30	BBQ Bat Wings Troll Knuckles Witches Moles Mix Goblin Eyes Liquid Ghosts 31		