

# NOVEMBER

2018



Call me  
**CAPTAIN CARROTENE!**

**GOOD EATS AT**

Breakfast

**SPECIAL ANNOUNCEMENTS**

\*Gluten Free  
>Dairy  
<Egg  
~Fish

Menu Items are subject to change based on costs and availability

Questions? Contact  
Kimberlywilson@austin.utexas.edu



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.

M	T	W	TH	F
			Spiced Maple Pancake>< Turkey Bacon Orange Agave Syrup Milk 1	Cowboy Egg Scramble< Tortilla Assorted Fruits Milk 2
Breakfast Pizza>< Applesauce Milk 5	Cinnamon Toast Bagel Sunshine Fruit Mix Milk 6	Biscuit> Scrambled Eggs Banana Dried Fruit Mix Milk 7	Pancake>< Turkey Bacon Orange Agave Syrup Milk 8	Egg Scramble< Pita Pocket Assorted Fruits Milk 9
Breakfast Pizza>< Applesauce Milk 12	Fall Breakfast Bake >< Diced Peaches and Pears Milk 13	Turkey Sausages Biscuits> Apple Milk 14	Cranberry Orange Pancake>< Turkey Bacon Orange Agave Syrup Milk 15	No school ☺ 16
No School ☺ 19	No School ☺ 20	No School ☺ 21	No School ☺ 22	No School ☺ 23
Breakfast Pizza>< Applesauce Milk 26	Pumpkin French Toast Bake >< Apple Milk 27	Chicken Patty Biscuits> Banana Dried Fruit Mix Milk 28	Pancake>< Turkey Bacon Orange Agave Syrup Milk 29	Egg Scramble< Tortilla Assorted Fruits Milk 30

# NOVEMBER

2018



M

T

W

TH

F

Call me  
**CAPTAIN CARROTENE!**

**GOOD EATS AT**

Lunch

**SPECIAL ANNOUNCEMENTS**

\*Gluten Free  
>Dairy  
<Egg  
~Fish

Menu Items are subject to change based on costs and availability

Questions? Contact  
Kimberlywilson@austin.utexas.edu

Chicken Fried Rice<  
Sesame Cucumbers  
Apple  
Milk

5

Chicken Enchilada  
Taco  
Refried Beans  
Pear  
Milk

6

Orange Chicken  
Sauced Pasta  
Asian Salad  
Orange  
Milk

7

Beef Hamburger  
Wheat Bun  
Lettuce/Tomato  
Mashed Potatoes  
Orange  
Milk

1

Cheese Pizza><  
Greek Salad  
Applesauce  
Milk

2

Meatloaf  
Classic Coleslaw  
Wheat Roll  
Banana  
Milk

8

Garlic Herb Pizza><  
Caesar Salad~  
Applesauce  
Milk

9

Red beans and Rice  
Longhorn Corn  
Pear  
Milk

12

Carne Guisada Con  
Papas Taco  
Charro Beans (no pork)  
Grapefruit  
Milk

13

Sweet N Sour Chicken  
Seasoned Rice  
Broccoli Florets  
Apple  
Milk

14

Turkey over Cornbread  
Stuffing with gravy  
Green Beans  
Cranberry Sauce  
Wheat Roll  
Milk and a treat

15

No school ☺

16

No School ☺

19

No School ☺

20

No School ☺

21

No School ☺

22

No School ☺

23

Fish Sticks  
Capri Mix Veggies  
Pear  
Milk

26

Beef Fajita Taco  
Peppers and Onions  
Fiesta Beans  
Apple  
Milk

27

BBQ Chicken Legs  
Wheat Roll  
Broccoli and Carrot  
Orange  
Milk

28

Hawaiian Fried Rice  
Corn and Carrots  
Grapes  
Milk

29

Cheese Pizza><  
Cowboy Caviar Salad  
Applesauce  
Milk

30



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.