

NOVEMBER

2018



M

T

W

TH

F

Call me
CAPTAIN CARROTENE!

GOOD EATS AT

Breakfast

Breakfast Pizza><
Applesauce
Milk
5

Cinnamon Toast
Bagel
Sunshine Fruit Mix
Milk
6

Biscuit>
Scrambled Eggs
Banana
Dried Fruit Mix
Milk
7

Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk
8

Cowboy Egg
Scramble<
Tortilla
Assorted Fruits
Milk
2

Breakfast Pizza><
Applesauce
Milk
12

Fall Breakfast Bake
><
Diced Peaches and
Pears
Milk
13

Turkey Sausages
Biscuits>
Apple
Milk
14

Cranberry Orange
Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk
15

Egg Scramble<
Tortilla
Assorted Fruits
Milk
9

No School ☺
19

No School ☺
20

No School ☺
21

No School ☺
22

No School ☺
23

Breakfast Pizza><
Applesauce
Milk
26

Pumpkin French
Toast Bake ><
Apple
Milk
27

Chicken Patty
Biscuits>
Banana
Dried Fruit Mix
Milk
28

Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk
29

Egg Scramble<
Tortilla
Assorted Fruits
Milk
30

SPECIAL ANNOUNCEMENTS

*Gluten Free
>Dairy
<Egg
~Fish

Menu Items are subject to
change based on costs and
availability

Questions? Contact
Kimberlywilson@austin.utexas.edu



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER
f t y i
This product was funded by USDA.
This institution is an equal opportunity provider.

NOVEMBER

2018



M

T

W

TH

F

Call me
CAPTAIN CARROTENE!

GOOD EATS AT

Lunch

SPECIAL ANNOUNCEMENTS

Chicken Fried Rice<
Sesame Cucumbers
Apple
Milk

5

Chicken Enchilada
Taco
Refried Beans
Pear
Milk

6

Orange Chicken
Sauced Pasta
Asian Salad
Orange
Milk

7

Meatloaf
Classic Coleslaw
Wheat Roll
Banana
Milk

8

Cheese Pizza><
Greek Salad
Applesauce
Milk

2

Red beans and Rice
Longhorn Corn
Pear
Milk

12

Carne Guisada Con
Papas Taco
Charro Beans (no pork)
Grapefruit
Milk

13

Sweet N Sour Chicken
Seasoned Rice
Broccoli Florets
Apple
Milk

14

Turkey over Cornbread
Stuffing with gravy
Green Beans
Cranberry Sauce
Wheat Roll
Milk and a treat

15

Cheese Pizza
Caesar Salad
Assorted fruits
Milk

16

No School ☺

19

No School ☺

20

No School ☺

21

No School ☺

22

No School ☺

23

Fish Sticks
Capri Mix Veggies
Pear
Milk

26

Beef Fajita Taco
Peppers and Onions
Fiesta Beans
Apple
Milk

27

BBQ Chicken Legs
Wheat Roll
Broccoli and Carrot
Orange
Milk

28

Hawaiian Fried Rice
Corn and Carrots
Grapes
Milk

29

Cheese Pizza><
Cowboy Caviar Salad
Applesauce
Milk

30

*Gluten Free
>Dairy
<Egg
~Fish

Menu Items are subject to
change based on costs and
availability

Questions? Contact
Kimberlywilson@austin.utexas.edu



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.