

FEBRUARY

2019



I'm on your team...
**RUBY RED
BEAM**

M

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TH

F

**ART
CONTEST
BEGINS**

**"You ART What You Eat"
Art Contest
STARTS FEBRUARY 4TH
squaremeals.org/artcontest**

Egg Scramble<
Pita Pocket
Assorted Fruits
Milk

1

Breakfast Pizza><
Applesauce
Milk

4

Cinnamon Toast
Bagel
Sunshine Fruit Mix
Milk

5

Turkey Sausages
Biscuits>
Apple
Dried Fruit Mix
Milk

6

Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

7

Egg Scramble<
Pita Pocket
Assorted Fruits
Milk

8

Breakfast Pizza><
Applesauce
Milk

11

French toast Bake ><
Mixed Fruit
Milk

12

Chicken Patty
Biscuits>
Apple
Dried Fruit Mix
Milk

13

Strawberry
Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

14

Egg Scramble<
Pita Pocket
Assorted Fruits
Milk

15

Student Holiday
Parent Conferences

18

Cinnamon Apple
Oatmeal*
Sunshine Fruit Mix
Milk

19

Biscuit>
Scrambled Eggs
Apple
Dried Fruit Mix
Milk

20

Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

21

Egg Scramble<
Pita Pocket
Assorted Fruits
Milk

22

Breakfast Pizza><
Applesauce
Milk

25

Baked Banana
Crisp><
Mixed Fruit
Milk

26

Turkey Sausages
Biscuits>
Apple
Dried Fruit Mix
Milk

27

Banana Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

28

**GOOD
EATS AT**

Breakfast

**SPECIAL
ANNOUNCEMENTS**

*Gluten Free
>Dairy
<Egg
~Fish

Menu Items are subject to
change based on costs and
availability

Questions? Contact
KimberlyWilson@austin.utexas.edu



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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**ART
CONTEST
BEGINS**

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Art Contest
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Cheese Pizza><
Creamy Cucumbers>
Applesauce
Milk

1

**GOOD
EATS AT**

Lunch

Fish Sticks
Mixed Veggies
Pear
Milk

4

Chicken Fajita Taco
Lettuce and Pico
Corn with Carrots
Apple
Milk

5

BBQ Chicken
Wheat Roll
Broccoli/Cauliflower
Orange
Milk

6

Hawaiian Fried Rice
BBQ Beans
Grapes
Milk

7

Cheese Pizza><
Cowboy Caviar Salad
Applesauce
Milk

8

**SPECIAL
ANNOUNCEMENTS**

Chili Mac N Cheese >
Sweet Potatoes
Pear
Milk

11

Korean Beef Taco
Asian Salad
Black Bean JaBon
Apple
Milk

12

Lemon Pepper
Chicken
Wheat Roll
Broccoli Florets
Apple
Milk

13

Pasta with Meaty
Marinara Sauce
Green Beans
Grapefruit
Milk

14

Mexican Pizza><
Caesar Salad~
Applesauce
Milk

15

*Gluten Free
>Dairy
<Egg
~Fish

Student Holiday
Parent Conferences

18

SW Turkey Taco
Lettuce and Pico
BBQ Baked Beans
Pear
Milk

19

Cajun Chicken
Seasoned Rice
Baked Potato
Chili Lime Mangoes
Milk

20

Sloppy Joes
Wheat Bun
Corn with Peas
Grapes
Milk

21

Cheese Pizza><
Carrot Raisin Salad>
Applesauce
Milk

22

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Tomato Basil Soup
Grilled Cheese
Cauliflower
Pear
Milk

25

Greek Chicken
Tortilla
Cucumber Salad
Mediterranean Beans
Grapefruit
Milk

26

Beef and Broccoli
Seasoned Rice
Peas
Apple
Milk

27

Chicken Parm
Over Pasta with
marinara
Steamed Carrot
Coins
Pear

28



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