

MARCH

2019

GOOD EATS AT

Breakfast

SPECIAL ANNOUNCEMENTS

It's **GUS JUSTICE** to the rescue!

M

ART CONTEST CONTINUES

T

"You ART what You Eat"
Create and enter today!
SquareMeals.org/artcontest

W

TH

Egg Scramble<
Pita Pocket
Assorted Fruits
Milk

F

1

SCHOOL BREAKFAST WEEK
MARCH 4-8
SquareMeals.org/sbw

Breakfast Pizza><
Applesauce
Milk

4

Fruit and yogurt
Parfait
Pear
Milk

5

Chicken Patty
Biscuit>
Apple
Dried Fruit Mix
Milk

6

Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

7

Egg Scramble<
Pita Pocket
Assorted Fruits
Milk

8

Breakfast Pizza><
Applesauce
Milk

11

Cinnamon Apple
Bread
Peaches and Pears
Milk

12

Biscuit>
Scrambled Eggs
Apple
Dried Fruit Mix
Milk

13

Peach Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

14

Spring Break
No School

15

Spring Break
No School

18

Spring Break
No School

19

Spring Break
No School

20

Spring Break
No School

21

Spring Break
No School

22

Breakfast Pizza><
Applesauce
Milk

25

Cinnamon Toast
Bagel
Sunshine Fruit Mix
Milk

26

Turkey Sausages
Biscuits>
Apple
Dried Fruit Mix
Milk

27

Pancake><
Turkey Bacon
Orange
Agave Syrup
Milk

28

Egg Scramble<
Pita Pocket
Assorted Fruits
Milk

29

*Gluten Free
>Dairy
<Egg
~Fish

Menu Items are subject to change based on costs and availability

Questions? Contact
Kimberlywilson@austin.utexas.edu



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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MARCH

2019

GOOD EATS AT

Lunch

It's **GUS JUSTICE** to the rescue!

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TH

F

ART CONTEST CONTINUES

"You ART what You Eat"
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BBQ Pizza><
Caesar Salad~
Assorted Fruits
Milk
1

SCHOOL BREAKFAST WEEK
MARCH 4-8
SquareMeals.org/sbw

Beef Lasagna Bake>
Broccoli Florets
Orange
Milk
4

Catfish Taco~
Zesty Slaw>
Fiesta Beans
Chili Lime Mangoes
Milk
5

Curry Chicken*
Coconut Lime Rice
Capri Veggie Mix
Apple
Milk
6

Beef Hamburger
Lettuce/Tomato
Mashed Potatoes
Pear
Milk
7

Cheese Pizza><
Ranch Cucumbers>
Assorted fruits
Milk
8

SPECIAL ANNOUNCEMENTS

Beef Fried Rice*
Green Beans
Apple
Milk
11

Chicken Enchilada
Taco>
Refried Beans*
Pear
Milk
12

Orange Chicken*
Seasoned Rice
Asian Salad
Orange
Milk
13

Meatloaf*
Roll
Corn
Mixed Fruit
Milk
14

Spring Break
No School
15

*Gluten Free
>Dairy
<Egg
~Fish

Spring Break
No School
18

Spring Break
No School
19

Spring Break
No School
20

Spring Break
No School
21

Spring Break
No School
22

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Red Beans and Spanish rice*
Corn
Pear
Milk
25

Carne Guisada* con papas taco
Charro beans
Grapefruit
Milk
26

Sweet N Sour Chicken
Seasoned Rice
Broccoli Floret
Apple
Milk
27

Sloppy Joes on a Wheat Bun
Crinkle Carrots
Grapes
Milk
28

Cheese Pizza><
Veggie Salad
Assorted fruits
Milk
29



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