

# APRIL

2019



**GOOD EATS AT**

Breakfast

**SPECIAL ANNOUNCEMENTS**

\*Gluten Free  
>Dairy  
<Egg  
~Fish

Menu Items are subject to change based on costs and availability

Questions? Contact  
Kimberlywilson@austin.utexas.edu



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.

M	T	W	TH	F
Breakfast Pizza>< Applesauce Milk 1	Banana French Toast Bake >< Mixed Fruit Milk 2	Chicken Patty Biscuit> Apple Dried Fruit Mix Milk 3	Strawberry Pancake>< Turkey Bacon Orange Agave Syrup Milk 4	Egg and Cheese Breakfast Sandwich Assorted Fruit Milk 5
Breakfast Pizza>< Applesauce Milk 8	Cinnamon Sugar Oatmeal * Banana Milk 9	Biscuit> Scrambled Eggs Apple Dried Fruit Mix Milk 10	Pancake>< Turkey Bacon Orange Agave Syrup Milk 11	Egg and sausage Breakfast Sandwich Assorted Fruit Milk 12
Breakfast Pizza>< Applesauce Milk 15	Strawberry Baked Crisp*< Sunshine Fruit Mix Milk 16	Turkey Sausages Biscuits> Apple Dried Fruit Mix Milk 17	Blueberry Pancake>< Turkey Bacon Orange Agave Syrup Milk 18	No School ☺ 19
No School ☺ 22	Fruit and yogurt Parfait Pear Milk 23	Chicken Patty Biscuit> Apple Dried Fruit Mix Milk 24	Pancake>< Turkey Bacon Orange Agave Syrup Milk 25	Egg and Cheese Breakfast Sandwich Assorted Fruit Milk 26
Breakfast Pizza>< Applesauce Milk 29	Cinnamon Apple Bread Peaches and Pears Milk 30	<p><b>ART CONTEST ENDS</b></p> <p>"You ART What You Eat" Art Contest ENDS APRIL 12<sup>TH</sup> SquareMeals.org/artcontest</p>		

I'm the  
**BOUNDLESS BERRY**

**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 5 and Younger

**ART CONTEST ENDS**

"You ART What You Eat"  
Art Contest  
ENDS APRIL 12<sup>TH</sup>  
SquareMeals.org/artcontest

# APRIL

2019



**GOOD EATS AT**

Lunch

**SPECIAL ANNOUNCEMENTS**

\*Gluten Free  
>Dairy  
<Egg  
~Fish

Menu Items are subject to change based on costs and availability

Questions? Contact  
Kimberlywilson@austin.utexas.edu



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



This product was funded by USDA.  
This institution is an equal opportunity provider.

**M**

**T**

**W**

**TH**

**F**

Fish Sticks  
Mixed Veggies  
Pear  
Milk  
1

Chicken Taco  
Lettuce and Pico  
Corn with Carrots  
Apple  
Milk  
2

BBQ Chicken  
Wheat Roll  
Broccoli/Cauliflower  
Orange  
Milk  
3

Hawaiian Fried Rice  
BBQ Beans  
Grapes  
Milk  
4

Cheese Pizza<<  
Cowboy Caviar Salad  
Applesauce  
Milk  
5

Chili Mac N Cheese >  
Sweet Potatoes  
Pear  
Milk  
8

Korean Beef Taco  
Broccoli Salad  
Sesame Black Beans  
Apple  
Milk  
9

Lemon Pepper  
Chicken Breast  
Wheat Roll  
Broccoli Florets  
Apple  
Milk  
10

Pasta with Meaty  
Marinara Sauce  
Green Beans  
Strawberries  
Milk  
11

Mexican Pizza>>  
Caesar Salad~  
Applesauce  
Milk  
12

Fiesta Taco Rice\*  
Chili Cucumbers  
Orange  
Milk  
15

SW Turkey Taco  
Lettuce and Pico  
BBQ Baked Beans  
Pear  
Milk  
16

Cajun Chicken Patty  
Seasoned Rice  
Potatoes  
Apple  
Milk  
17

Sloppy Joes  
Wheat Bun  
Corn with Peas  
Grapes  
Milk  
18

No School ☺  
19

No School ☺  
22

Greek Chicken Taco  
Cucumber Salad  
Mediterranean Beans  
Grapefruit  
Milk  
23

Beef and Broccoli  
Seasoned Rice  
Peas  
Apple  
Milk  
24

Chicken Parm  
Over Pasta with  
marinara  
Crinkle Carrot Coins  
Pear  
25

Margarita Pizza>>  
Caesar Salad~  
Applesauce  
Milk  
26

Beef Lasagna Bake>  
Broccoli Florets  
Orange  
Milk  
29

Catfish Taco~  
Zesty Slaw>  
Fiesta Beans  
Chili Lime Mangoes  
Milk  
30

**ART CONTEST ENDS**

"You ART What You Eat"  
Art Contest  
ENDS APRIL 12<sup>TH</sup>  
SquareMeals.org/artcontest

**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 5 and Younger

I'm the **BOUNDLESS BERRY**