

SEPTEMBER



I'm **BIANCA**
"BOOST"
BLUEBERRY

GOOD EATS AT

Breakfast

SPECIAL ANNOUNCEMENTS

Students with Food Allergies **MUST** have doctors documentation provided to nurse and kitchen staff

Menu Items are subject to change based on costs and availability

Questions? Contact
kimberlywilson@austin.utexas.edu



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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M	T	W	TH	F
No School ☺ 2	Cinna'square Sunshine Fruit Mix Milk 3	Biscuit with cream gravy Pear Milk 4	Lemon Poppy Pancake Turkey Bacon Orange Milk 5	Breakfast Taco Assorted fruit Milk 6
Banana Bread Applesauce Milk 9	Fruit and Yogurt Parfait Dried Fruit mix Milk 10	Sausage Biscuit Pear Milk 11	Pancake Turkey Bacon Orange Milk 12	Egg and cheese Muffin Sandwich Assorted Fruit Milk 13
Chocolate Chip Bread Apple Milk 16	Cinnamon Apple Loaf Grapefruit Dried Fruit Milk 17	Chicken Biscuit Pear Milk 18	Peach Pancake Turkey Bacon Orange Milk 19	Breakfast Taco Assorted Fruit Milk 20
Breakfast Taquitos Applesauce Milk 23	Orange Dream Bread Banana Dried Fruit Milk 24	Biscuit Scrambled eggs Pear Milk 25	Pancake Turkey Bacon Orange Milk 26	Sweet or Savory Grits with Toast Assorted Fruits Milk 27
Breakfast Frittata with Toast Apple Milk 30				

GET READY

FOR NATIONAL SCHOOL LUNCH WEEK
OCTOBER 14-18
SquareMeals.org/NSLW



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M	T	W	TH	F
No School ☺ 2	Beef Taco Shredded lettuce Pico de Gallo Fiesta Beans Grapefruit Milk 3	Chicken and Potato Bake Rice Green Beans Banana Milk 4	Meatball Sub Baby Carrots with Broccoli florets Pear Milk 5	BBQ Chicken Flatbread Caesar Salad Mixed Fruit Milk 6
Chili Pie Cornbread Sweet Potatoes Pear Milk 9	Catfish Taco Cilantro Lime Slaw BBQ Beans Orange Milk 10	Sloppy Joe Broccoli Florets Apple Milk 11	Orange Chicken Rice Asian Salad Corn Grapes Milk 12	Cheese Pizza Cucumber Salad Mixed Fruit Milk 13
Lasagna Bake Cauliflower Pear Milk 16	Bean and Cheese Taquito Spanish Rice Corn and Peas Orange Milk 17	Sweet-N-Sour Chicken Broccoli Floret Apple Milk 18	BBQ Chicken Sandwich Coleslaw Fiesta Beans Banana Milk 19	Beef and Italian Herb Flatbread Garden Caesar Salad Mixed Fruit Milk 20
Chicken Tikka Masala Rice Carrot Coins Pear Milk 23	Carne Guisada con papas Taco Charro Beans Apple Milk 24	Hamburger Lettuce Leaf Tomato Slices Mashed Potatoes Orange Milk 25	Chick'Penne Green Beans Grapes Milk 26	Cheese Pizza Zesty Ranch Salad Mixed Fruit Milk 27
Fish Strips Mac n Cheese Broccoli with Carrots Pear Milk 30				

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