

# Breakfast at UT Elementary

## MONDAY

2<sup>ND</sup> Mini-Cinni Roll\*>  
Fresh Apple  
Milk

## TUESDAY

3<sup>RD</sup> Potato, Egg, and  
Cheese Breakfast  
burrito\*>  
Mixed Fruit  
Milk

## WEDNESDAY

4<sup>TH</sup> Biscuit\*>  
Breaded Chicken\*  
Fresh Pear  
Milk

## THURSDAY

5<sup>TH</sup> Pancakes  
Breakfast Syrup  
Fresh Orange  
Milk

## FRIDAY

6<sup>TH</sup> Concha\*  
Yogurt Tube>  
Assorted Fruits  
Milk

9<sup>TH</sup> **No School**



10<sup>TH</sup> Fruit and yogurt  
Parfait>  
Granola Mix  
Dried Fruit  
Milk

11<sup>TH</sup> Biscuit\*>  
Scrambled Eggs<>  
Fresh Pear  
Milk

12<sup>TH</sup> Mini Maple  
Waffles\*>  
Fresh Orange  
Milk

13<sup>TH</sup> Turkey Sausage  
Breakfast Pizza\*>  
Assorted Fruits  
Milk

16<sup>TH</sup> French Toast  
Sticks\*>  
Fresh Apple  
Milk

17<sup>TH</sup> Pork Sausage Link  
Wrap\*  
Mixed Fruit  
Milk

18<sup>TH</sup> Biscuit\*>  
Breaded Beef Fingers\*  
Cream Gravy\*>  
Fresh Pear  
Milk

19<sup>TH</sup> Pancakes  
Breakfast Syrup  
Fresh Orange  
Milk

20<sup>TH</sup> Breakfast  
Empanada\*>  
Assorted Fruits  
Milk

23<sup>RD</sup> Egg Bites\*>  
(eggs, sausage, cheese)  
Cereal Bar\*>  
Fresh Apple  
Milk

24<sup>TH</sup> UBR Breakfast  
Cookie\*  
Yogurt Tube>  
Fresh Apple  
Milk

25<sup>TH</sup> Biscuit\*>  
Turkey Sausage  
Fresh Pear  
Milk

26<sup>TH</sup> Mini Waffles\*>  
Butter tab  
Fresh Orange  
Milk

27<sup>TH</sup> Cinnamon Apple  
Muffin\* @  
Cheese Stick>  
Assorted Fruits  
Milk

30<sup>TH</sup> Mini-Cinni Roll\*>  
Fresh Apple  
Milk

31<sup>ST</sup> Frankenstein  
Fingers on a stick  
wrapped in pancake\*>  
Liquid Ghosts>

I'm using Remind to send important updates, food menus, and information for Healthy Horns Hall. Please visit the website below to join our class. For reference, our class code is @healthyhor

<https://www.remind.com/join/healthyhor>

Thanks for joining! - Chef Kim

# OCT

## MENU 2023

## BAT BRIDGE AUSTIN



Students that require a food substitution based on food allergy or intolerance must provide a doctors documentation before substitutions can be provided.

Vegetarians can request Meat Alternative entrees with a note verifying lifestyle diet choices from a parent/guardian

>Dairy <Egg  
\*Gluten ^Pineapple  
@Apple \$sunflower oil



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 10/1/2023  
[www.SquareMeals.org](http://www.SquareMeals.org)

# Lunch at UT Elementary

## MONDAY

2<sup>ND</sup> Chicken Alfredo  
Bake\*>  
Broccoli Florets  
Roasted Baby Potatoes  
Fresh Apple  
Milk

9<sup>TH</sup> **No School**  
  
**PARENT-TEACHER  
Conference**  


16<sup>TH</sup> Beefy Noodles\*>  
Green Beans  
Fresh Baby Carrots  
Fresh Apple  
Milk

23<sup>RD</sup> Pancakes  
Sandwich<\*>  
Egg Bites>\*>  
Breakfast Potatoes  
Orange  
Milk

30<sup>TH</sup> Lasagna Roll<\*>  
Meaty Marinara  
Italian Vegetable Blend  
Fresh Pear  
Milk

## TUESDAY

3<sup>RD</sup> Grilled Cheese  
Sandwich\*>  
Tomato Basil Soup  
Sweet Potatoes  
Fresh Pear  
Milk

10<sup>TH</sup> Cheese Enchiladas  
with Beef Chili Sauce\*>  
Lettuce & Pico De Gallo  
Charro Beans  
Fresh Pear  
Milk

17<sup>TH</sup> Fish Taco\*  
Classic Coleslaw  
Pizza Beans  
Fresh Pear  
Milk

24<sup>TH</sup> Pulled Pork Taco\*  
Sweet Potatoes  
BBQ Beans  
Fresh Pear  
Milk

31<sup>ST</sup> Bat Wings  
Troll Knuckles\*  
Shrunken Trees  
Ectoplasm  
Monster Milk>

## WEDNESDAY

4<sup>TH</sup> Cajun Chicken  
Sandwich\*  
Lettuce and Tomatoes  
BBQ Beans  
Banana  
Milk

11<sup>TH</sup> Beef & Broccoli  
Stir Fry  
Chow Mein\*  
Crinkle Carrots  
Fresh Orange  
Milk

18<sup>TH</sup> Garlic Herb  
Chicken  
Honey Wheat Roll\*  
Mixed Potato Bites  
Banana  
Milk

25<sup>TH</sup> Sloppy Joe\*  
Cheese Stick>  
Broccoli Florets  
Fresh Apple  
Milk

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## THURSDAY

5<sup>TH</sup> Pasta with Meaty  
Marinara\*  
Cauliflower Florets  
Fresh Orange  
Milk

12<sup>TH</sup> Chicken Biscuit\*>  
Broccoli Florets  
Diced Peaches  
Milk

19<sup>TH</sup> Meatball Sub\*  
Cheese Stick>  
Broccoli Florets  
Fresh Orange  
Milk

26<sup>TH</sup> Orange Chicken  
Fried Rice  
Crinkle Carrots  
Mandarin Oranges  
Milk

## FRIDAY

6<sup>TH</sup> Pizzaboli<\*>  
Marinara Dip Cup  
Fresh Baby Carrots  
Ranch dip cup  
Mixed Fruit  
Milk **BEVO DAY**

13<sup>TH</sup> Cheese Pizza <\*>  
Zesty Cucumber Salad  
Mixed Fruit  
Milk

20<sup>TH</sup> BBQ Chicken  
Pizza<\*>  
Caesar Salad\*>`  
Applesauce  
Milk

27<sup>TH</sup> Cheese Pizza<\*>  
Three Bean Salad  
Applesauce  
Milk

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