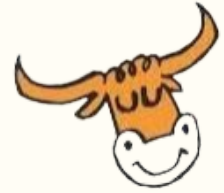


CAMPUS CARE CORNER



A monthly newsletter from the UTES Social Worker and School Nurse, designed to support student well-being by sharing social-emotional resources, monthly SEL themes, and ways families can stay healthy, connected and informed.

Welcome to a new school year! The UTES Social Work Team is here to partner with you in supporting your child's social and emotional growth. We are here as a support to both students and families. Let's start strong and grow together!

Andrea Menchaca, LMSW
School Social Work
Coordinator



Welcome back! I'm the UTES Campus Nurse. I'm so excited to care for your students this year.

My goal is to keep everyone healthy, safe, and ready to learn. Let's make this school year the best (and healthiest) one yet! !

Rachel Ibarra, BSN, RN
School Nurse



Feelings Feature

This month, we are focusing on the "Back to School" feelings. The transition out of summer and into a new school year can bring feelings of both excitement and uncertainty. Let's explore some "Back to School" ideas and resources!

Back-to-School Books for Kids

- *The Kissing Hand* by Audrey Penn
- *All Are Welcome* by Alexandra Penfold
- *First Day Jitters* by Julie Danneberg
- *School's First Day of School* by Adam Rex

Back-to-School Resources for Parents

- [PBS Kids for Parents-Back-to-School](#) (Checklists, guides & age-appropriate conversation starters)
- [Child Mind Institute-Going Back to School](#) (tips for managing back-to-school stress)
- [American Academy of Pediatrics-School](#) (tips, articles & guides)

Social Work Referral Form:

